

## November 2025

As we enter the holiday season, we are reminded that we have much to be thankful for. In this edition, you will learn more about what it means to be a Texas-Certified Community Behavioral Health Clinic (T-CCBHC) and what that means for those we serve.

A big part of this certification relies on Care Coordination with community partners; therefore, we couldn't do this work alone.

We are especially grateful for the connections we've built with local organizations, families, and neighbors. These relationships remind us that lasting change begins with collaboration and a willingness to show up for one another.

Together, we are creating a community where everyone can access the support they need to thrive.

Thank you for continuing to walk alongside us. Your support is the foundation of everything we do.

We look forward to growing these relationships in the coming months and continuing to serve our community, together.

**Shena Ureste**  
Chief Executive Officer



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## Understanding the Role of a Texas-Certified Community Behavioral Health Clinic



Texana Center has been serving our catchment areas as a Texas Certified Community Behavioral Health Clinic (T-CCBHC) for three years.

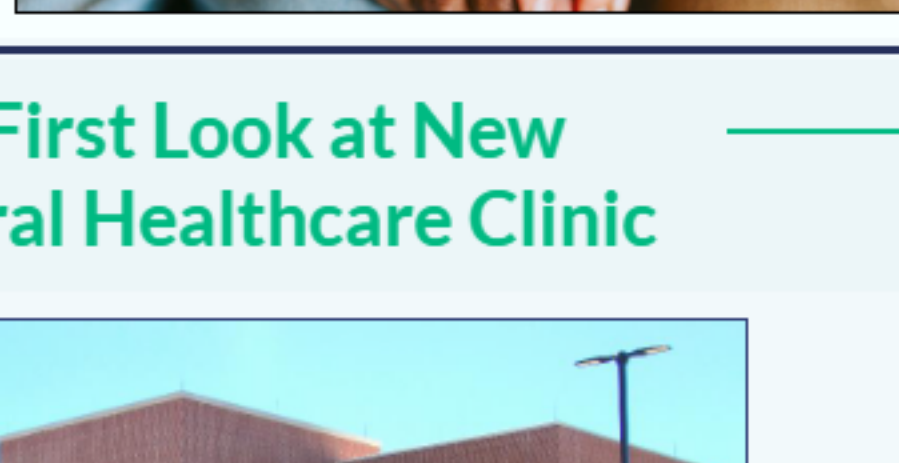
As a CCBHC, we are committed to serving anyone who requests care for mental health or substance use, regardless of their ability to pay or their age.

The model is designed to make sure individuals can access high-quality, comprehensive care.

Our services include:

- **24/7 Mental Health Crisis Services**
- **Screening, Assessment, Diagnosis**
- **Patient-Centered Treatment Planning**
- **Outpatient Mental Health and Substance Use Services**
- **Outpatient Primary Care Screening and Monitoring of Key Health Indicators**
- **Targeted Case Management**
- **Psychiatric Rehabilitation Services**
- **Peer Support, Recovery Support, Family Support, and Counseling Services**
- **Services to Members of the Armed Services and Veterans**

We're proud to continue providing accessible, person-centered care that helps individuals and families reach their full potential.



## Inside Edition: A First Look at New Rosenberg Behavioral Healthcare Clinic



Texana Center is proud to announce the opening of its new Behavioral Healthcare Clinic located at 5310 Airport Ave. in Rosenberg.

This new facility marks an important milestone in Texana's continued commitment to providing high-quality, accessible mental health services to the community. The clinic is open Monday through Friday, from 8:00 a.m. to 5:00 p.m.

For many years, staff and programs have been housed in several separate buildings, sharing limited office space throughout Texana's Rosenberg campus.

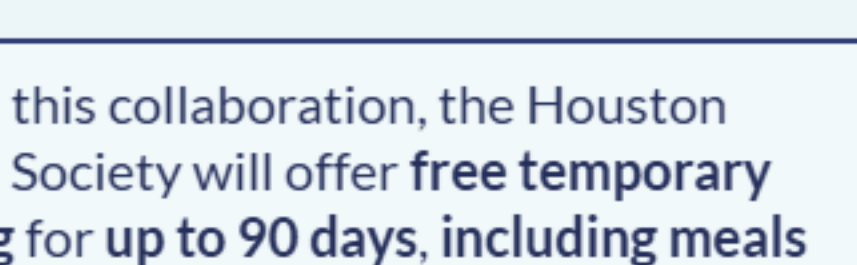
The new clinic consolidates these services under one roof, bringing together our special programs, the Mobile Crisis Outreach Team (MCOT), and the Texana Pharmacy.

This design improves accessibility and coordination of care, ensuring clients receive comprehensive support in one convenient location.

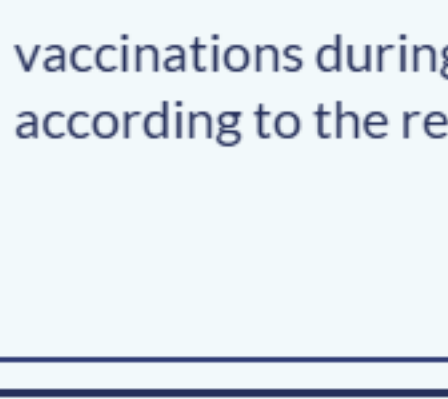
"This new space allows us to work together more efficiently and provide a better experience for our clients," Director of Behavioral Healthcare Services Kara Janecek said. "After years of operating from different buildings across multiple campuses, we are excited for each of our staff to have a fresh, clean workspace and for our clients to experience our new, professional facilities."

The new Behavioral Healthcare Clinic represents our ongoing investment in the health and well-being of Fort Bend County and the surrounding areas. By bringing multiple service programs together in one location, Texana aims to enhance collaboration, streamline care, and continue providing compassionate, trauma-informed behavioral health services to individuals and families.

For services at the Rosenberg Clinic, call (281) 344-4900, or reach our main line at (281) 239-1300.



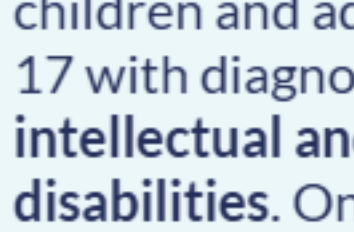
## Pets Are Part of Our Family: Texana Center and Houston Humane Society Join Forces to Support Clients in Crisis



Through this collaboration, the Houston Humane Society will offer **free temporary boarding for up to 90 days, including meals and daily care**. Pets may also receive spay and neuter services and updated vaccinations during their stay, with the owner's consent, according to the release.

[Learn More](#)

## How the Behavior Treatment & Training Center Helps Children and Families Reach Their Potential



The Behavior Treatment and Training Center (BTTC) is a 12-bed facility for the whole state of Texas.

The BTTC is a **short-term residential treatment center** for children and adolescents ages 8-17 with diagnoses of **autism, intellectual and developmental disabilities**. One of the requirements to qualify for care, a child must have challenging behaviors such as self-injurious behavior, aggression toward others, property destruction, or other behaviors that put their continued residence at home at risk.

"Here at the BTTC, we are constantly working to **improve the lives of the individuals** and the families that we serve," Tracy Woods, BTTC senior manager, said. "With over 20 years of service, it can be challenging to serve all individuals who may need **comprehensive care**; however, our goal is to reach and improve as many individuals' lives as we can."

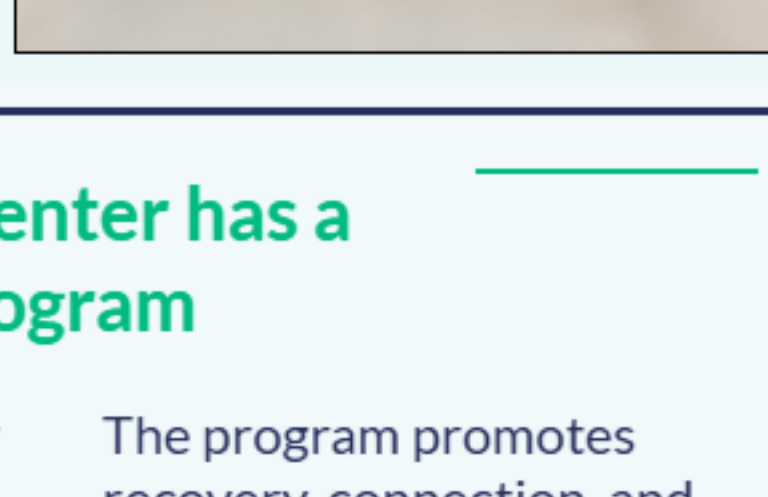
Clients typically receive treatment for a period ranging from **three months up to a maximum of one year**.

After this time, children are discharged and carefully supported in returning to their home environments and the community with a family member or guardian

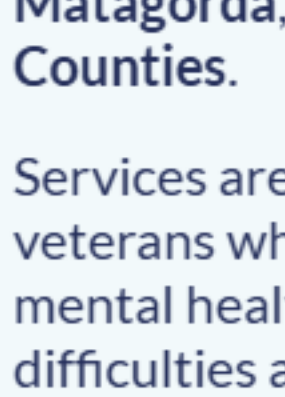
"For those we are unable to serve, we encourage them to reach out to their Local Intellectual and Developmental Disability Authority (LIDDA), through the [Texas Health and Human Services](#) (HHS) to seek alternative support and resources," Woods said.

BTTC welcomes referrals from any county in Texas, regardless of race, color, or national origin.

Referrals are coordinated through the Local Intellectual and Developmental Disabilities Authority (LIDDA), and applications are available on our [website](#).



## Did You Know? Texana Center has a Veteran Peer Support Program



Texana's Veteran Peer Support Program provides mental health and community-based support to U.S. military veterans and their families living in

**Austin, Colorado, Fort Bend, Matagorda, Waller, and Wharton Counties.**

Services are available at no cost to veterans who may be struggling with mental health challenges, stress, or difficulties adjusting to civilian life.

Many veterans experience challenges such as anxiety, depression, post-traumatic stress, isolation, and difficulty reconnecting with civilian communities after leaving the military.

Texana's Veteran Peer Support Program helps address these issues through individualized and group support provided by a fellow veteran who understands not only military life but also the difficulty of transitioning back to civilian life.

The program promotes recovery, connection, and resilience by combining lived experience with access to essential mental health and community resources.

Peer Support Specialists act as guides and advocates, helping veterans identify and access benefits through the VA and local organizations. They provide referrals to mental health care, housing programs, employment assistance, and other vital community resources.

By offering hands-on support and advocacy, they help veterans overcome barriers and connect with the services they need to achieve stability and well-being.

[Contact Us Today!](#)

## Strengthening Our Community through Shared Resources

**24/7 Mental Health Crisis Hotline**  
(800) 633-5686  
[Learn More](#)

**AccessHealth**  
(281) 342-4530  
[Learn More](#)

**Rosenberg-Richmond Helping Hands**  
(281) 232-4904  
[Learn More](#)

**United Way Helpline: 211**

[help@unitedwayhouston.org](mailto:help@unitedwayhouston.org)  
[Learn More](#)

**Texana Authority Intake Division**

(281) 239-1363  
[mary.sotelo@texanacenter.com](mailto:mary.sotelo@texanacenter.com)