



Welcome to our NEW e-newsletter!

Texana's Community Relations is very excited to be able to now send our e-newsletters via constant contact! We hope you like the new format and the ability to interact more with our website and social media accounts.

Kicking Off Mental Health Month



DID YOU KNOW?

- 1 in 5 people will experience a mental illness at some point in their lives.
- 1 in 20 people will develop a serious mental illness.
- Mental health can occur in anyone, regardless of race, gender, age or socioeconomic status and affects mood, thinking and behavior.

During the month of May, Texana Center will be ***TALKING OUT LOUD***

about Mental Health on our social media platforms. We will be sharing how to bring up those often scary or taboo conversations, give you warning signs to watch for and of course, lots and lots of facts! Like, did you know....Texana Center provides mental health services to over 9,000 adults and children each year?

Our treatment options are built on evidence-based interventions aimed at promoting recovery and resilience and can help those affected by a mental illness to plan a new course for their life - one which leads to increased well-being and growth.

On September 1, 2019, Texana Center will be starting our 20th year!

To kick off our celebrations, in March we held a 20th Anniversary Breakfast where guests heard a brief history of Texana from the Board Chair and then heard about where we are going in the future.

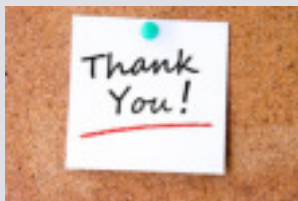


To see pictures and more about our breakfast, check out our [Facebook Album](#).

THANK YOU to our SUPPORTERS!



Cookie Joe Dancin' School celebrated Texas Independence Day with a fun festival at their studio in Sugar Land. Part of the festivities raised money for six local non-profits including our Children's Center for Autism.



Texana Children's Center for Autism was once again the beneficiary of the West End Anglers Trout Tournament! They raised over \$2,400 at this year's event!!



The Exchange Club of Sugar Land donated \$5,000 towards the purchase of computers to be used for a new computer class offered for teens and young adults with autism.

The Texana Learning Center at El Campo recently received a donation of \$500 from the South Texas Electrical Cooperative for supplies at the center.



Update on Fulshear Campus



Texana Center is thrilled to announce that The Fondren Foundation recently made a leadership gift of \$150,000 to the Forward Together Capital Campaign.

Together, with gifts from The Brown Foundation, Fred & Mabel Parks Foundation, the Teresa A. Johnson Memorial Fund and many, many individuals, our Forward Together Capital Campaign is only \$60,000 away from the Phase I goal!



Phase I will include the Texana Bistro & Boutique, which will occupy the front portion of the building. This new coffee bar, lunch counter, and gift shop will offer teens and adults with autism and intellectual disabilities hands-on experience as they train for community employment. All items sold in the gift shop will be made by individuals with autism and intellectual disabilities. The building will also include two classrooms for the Children's Center for Autism and the Center for Advancement.

Those interested in leaving their own legacy in Fulshear can do so by purchasing a recognition brick at

thatsmybrick.com/texanacenter



New County Judge tours Texana

The newly elected Fort Bend County Judge KP George took time out of his busy first month of office, to come and learn more about Texana's services. The Bridge Class, our integrated pre-school within our Children's Center for Autism was the first stop. Followed by talking about our adult services before the final tour of our Behavioral Healthcare Crisis Center.



YOUTH IN PHILANTHROPY

January started 2019 off with another fun installment of Texana's Amazing Race with this year's YIP students. 30 high school students from across Fort Bend County joined 20 Texana Behavior Improvement clients and numerous staff for a fun and action-packed Saturday.

Fast forward to April and the team of same YIP students awarded Texana with a grant for \$1000 at the annual Investment in Youth luncheon.

Thank you ALL for all your hard work and support!

Texana's Autism Program celebrates 15 years!

15 years ago, Texana's first autism program started with two Board Certified Behavior Analysts and a few children. Fast forward to 2019, there are 6 locations and over 9 different programs for those of all ages on the autism spectrum. To celebrate, over 150 family and friends of our past clients joined us for the first ever Autism Alumni Picnic. There was games, food and even an egg hunt! Everyone had a wonderful time and our program managers and staff truly enjoyed visiting with all the alumni and their families.

Check out more pics on [Facebook](#).





John Love, with Texana's Behavioral Healthcare Division, represented Texana at the Fort Bend County Sheriff's Office Pinwheel Project. The event raised awareness for child abuse prevention.



Kate Johnson-Patagoc, Director of Specialized Services, spoke to the Women's Group at the First United Methodist Church in Fulshear.



60 members of the Class of 2019's Leadership Forum from the Fort Bend Chamber visited Texana to learn about all that we do and they were able to tour the Children's Center for Autism.



Leadership Fort Bend Class of 2019 with the Central Fort Bend Chamber joined us for breakfast to learn about Texana Center and our autism services.

LIGHT IT UP BLUE for Autism Awareness



Children's Center for Autism at Rosenberg



Children's Center for Autism at Fulshear



Children's Center for Autism
at Sugar Land



Behavior Stabilization Team



**CLASSES START ON
June 3, 2019**

NEW AT TEXANA COMPUTER CLASS

EXPLORING CAREERS AND PRODUCTIVE
APPLICATIONS IN COMPUTERS

THIS CLASS IS FOR TEENS AND YOUNG ADULTS THAT HAVE A DIAGNOSIS OF AUTISM OR INTELLECTUAL AND DEVELOPMENTAL DISABILITIES. THE CLASS IS THREE MONTHS LONG AND STUDENTS WILL LEARN ABOUT HARDWARE, BUSINESS APPLICATION, GAME DESIGN AND ART.

All students must first participate in an assessment for class appropriateness. The assessments will take place at Texana's Main Campus in Rosenberg and an \$80 assessment fee is required.

CLASS MEETS:

- FOR AGES 14 AND UP
- EVERY MONDAY 4:00PM - 5:30PM
- BEHAVIOR STABILIZATION CENTER
TEXANA CAMPUS 2
4706 AIRPORT AVE, BLDG C
ROSENBERG, TX 77471
- LED BY JOHN ABOUD & ASSOCIATES
FROM nonPARIEL INSTITUTE
(www.nplitx.org)

THE COST OF THE CLASS IS \$200 PER MONTH.

CHECK OUT
OTHER CLASSES
AND CLUBS ON
OUR WEBSITE!

call 281-239-1371 email beth.duncan@texanacenter.com

or visit www.texanacenter.com

Texana Center, Campus 2 - 4706 Airport Ave, Bldg C, Rosenberg, TX 77471



SAVE THE DATE

Hats Off to Texana!

20th Anniversary Celebration

Friday, September 6, 2019
Briscoe Manor

