



## *Responding to COVID-19*

### ***and how Texana is adapting.....***

The Texana Leadership Team has continued to closely monitoring this ever-evolving COVID-19 pandemic since the middle of March. They have made the tough decisions to temporarily close several Texana programs as well as alter the way we deliver services. Updates and changes will continue to be posted on [Texana's website](#) as well as shared to our social media sites; Facebook, Twitter, LinkedIn and Instagram.



Texana Center's Chief Executive Officer, George Patterson, recently published a letter discussing the changes in operations due to COVID-19. Mr. Patterson wants all those we serve that, "***We Are Here for You*** and ***Thank You*** for your understanding and patience during this time."

To read the letter in it's entirety, please click [HERE](#).

## *Texana Provides Telehealth Services*



Texana Center's Early Childhood Intervention program, Project G.R.O.W. and Board Certified Behavior Analysts within Texana's Autism programs are excited to be providing telehealth treatment options via online platforms like ZOOM. This new treatment option can be somewhat intimidating, but can also continue therapy to prevent any set backs in the child's development.

Recently, the morning news broadcast, Good Morning America, posted a clip explaining the importance of continuing therapy, even if it was only available through telehealth.

*View the video clip with this link: [How to keep up with therapy at home](#)*

# Kicking off MENTAL HEALTH MONTH



With the recent events that the whole world has gone through, **Mental Health** is more important than ever before. There IS hope for anyone suffering with a mental illness and there are lots of resources available. Texana Center's Behavioral Healthcare Services is one of those resources. There are multiple programs and services that can help. These are all outlined on our website

with contacts for more information under each program.

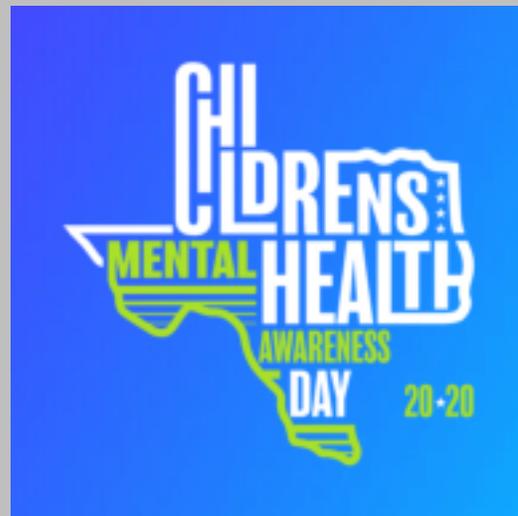
## [Texana Behavioral Healthcare Services](#)

### May 2<sup>nd</sup> - Children's Mental Health Day

Texana Center will join communities across Texas on Saturday, May 2, 2020, as Texas Systems of Care launches an interactive website full of motivating speeches, family-friendly fun, games, and invaluable resources.

Now more than ever, we need awareness and resources for children's mental health as we adapt to our world's new normal.

Enjoy the interactive website [HERE!](#)



## In March, We *Celebrated* Intellectual Disabilities



Texana Center's Intellectual & Developmental Disabilities Provider Services is excited to be partnering with Bloom Fitness to bring to the Sugar Land Town Square, *Yoga from the Heart*, in June. Registration is free and can be done at [bloomfitness.org](http://bloomfitness.org).

# There is Ability y in Every Disability



## In April, we Observed Autism Awareness Month



Autism Awareness Month looked a little different this year, but in true fashion, we rolled with the changes and made the best of the situation. Instead of our typical Light It Up Blue activity, we did our best to go virtual this year. Check out these fun, social distancing photos *AND* check out pics more on our Facebook Event [HERE!](#)





Here is a video celebrating Autism Awareness Month at the Texana Children's Center for Autism over the years! We will always shine the light on the kiddos and help them unlock their potential!!



## Fulshear Campus Update

Despite all the closures, construction on the first building on the new Fulshear Campus has continued with lots of progress made. Progress that would of never happened with our generous donors!

This building will include our new Texana Bistro & Boutique, a retail training center serving coffee and simple sandwiches and salads as well as selling items from around the Houston area crafted by individuals with disabilities. The building will also include two classrooms; one for the Children's Center for Autism, its third location, and the other for Texana's Center for Advancement. This is a new program that will provide training for teens and young adults in a community college-like setting, offering an array of classes where they can learn social and employment skills, explore their strengths and prepare to lead productive and fulling lives.



# Give the gift that will last forever!



Purchase a brick with your family's name or company name and leave your mark, *your legacy*. The bricks will be installed at our Texana Bistro & Boutique – Retail Training Center on our new Fulshear Campus. This new campus will serve children, teens and young adults with autism and intellectual disabilities.

Choose from a:

4x8 Brick for \$125

or a

8X8 Brick for \$250



Order your Brick [\*HERE\*](#)

If you choose to leave your legacy, you will also receive a replica brick made by our adult clients with intellectual disabilities to display.

